

ISSUE 14 • COVERING NOVEMBER 2024

4-H UPDATES

Official Newsletter of Sumner County 4-H



Happy Holidays!

As we are approaching the Holiday season remember to look beyond the busy schedules and to those around you. This is a great time of year for community service projects to benefit those who could use a bit of extra love during the holiday season. Clubs could partner with local care giving facilities and do something special for the older members of our communities, decorate businesses for the holidays, supply baked goods for events or individuals, and much more. So we hope you have a great holiday season, and hope you may also work to help others also have fun holiday experience.

This issue:

[Program News & Updates](#)
PAGE 2

[State Events](#)
PAGE 3

[State Events](#)
PAGE 4

[Agent Notes](#)
PAGE 5

[Club News](#)
PAGE 6

[Looking Ahead](#)
PAGE 7

[Connect with Us](#)
PAGE 8

Program News and Updates



Read 4-H is Back!

And completely redesigned!



Program Year: December 2024-July 2025

Who: All 4-Her's

What: Read 4-H is a program where 4-H members read books, complete projects, and get rewarded! The Extension Office will announce a theme each year and 4-her's will read books and complete tasks to get a reward at the end of each program year. All books that participants read need to be related to the theme. To earn the reward participants must complete at least 6 out of 10 tasks from the Task List. The Task List is available at the Extension Office, along with other necessary paperwork.

Theme: Exploration

Rewards: Yearly rewards will include a trip, special event, or a physical prize related to each year's theme!



Read 4-H is Back!

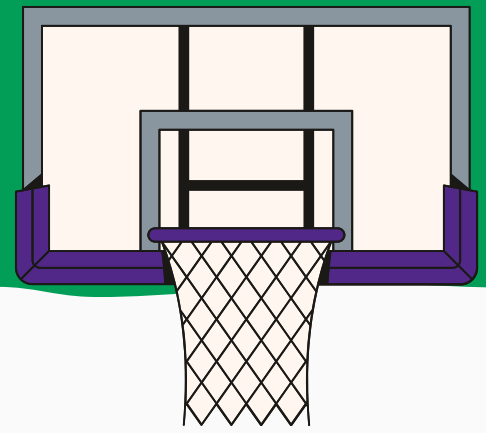
Read 4-H is back and better than ever! After a good first program year last year, we wanted to figure out a way to encourage even more kids to participate in the reading project. So Read 4-H underwent a complete redesign and now is more fun than ever!

How the redesign works is that a yearly theme will be established by the Extension Office. Participants can now decide what books they read, as long as they are related to the yearly theme. At the end of the year Read 4-H participants will receive a prize, attend a special event, or go on a fun trip! To be eligible to receive the yearly prize, participants will need to complete 6 out of 10 tasks from the task sheet.

This year the theme will be exploration. So pick books about exploring and going on fun adventures. More information about this year's prize will be sent out this spring. So get to reading and if you have any questions, please contact the Extension Office.



State Events



4-H Day with K-State Women's Basketball

Saturday, January 4, 2025, 4:00 PM

K-STATE
Research and Extension



Kansas 4-H Day with K-State Women's Basketball

Opponent: Texas Tech Red Raiders

\$25: Ticket, Voucher (\$10 Concessions), & Shirt
\$15: Ticket & Voucher (\$10 Concessions)



How to Get Tickets?

- Register! Use the QR Code or the link below!
- Pick up ticket packages - Location TBA closer to event. (1/4/2024) 2:30pm - 3:30pm
- Doors open for the general public (1/04/2024, 3:00pm)
- Tip-off! (1/04/24, 4:00 pm)



Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer. Resource:
<https://www.apa.org/topics/resilience>



Online registration for this event will be due December 13, 2024. No paper registrations will be accepted. To register, go to:
<https://tinyurl.com/4HDaywiththeCats2025>

Mark your calendars! This year's Kansas 4-H Day with the K-State Women's basketball team registration is now open. The game will be on January 4th in Manhattan at 4:00pm where the Lady Cats will take on the Texas Tech Red Raiders.

There are two ticket options, option 1 is a \$25 ticket that includes game admission, t-shirt, and a \$10 concessions voucher. Option 2 is a \$15 ticket that includes game admission and a \$10 concessions voucher but no t-shirt.

This experience is the perfect Christmas gift for the whole family! So visit the QR code on the flyer and get registered. The deadline for registration is December 13th. If you have any questions please contact the Extension Office.

State Events



K-State Junior MEAT GOAT PRODUCER DAY

3.22.25

Event
Join us on Saturday, March 22, 2025 for the biennial K-State Junior Meat Goat Producer Day at the Stanley Stout Center north of the K-State campus in Manhattan. This educational program will be a fun-filled day in which youth, parents, agents, ag teachers, project leaders, and volunteers can increase their knowledge of youth meat goat projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Meat Goat Show Guide, t-shirt, and complimentary lunch. Only those who register by the deadline on February 26 will receive a t-shirt. The registration fee is \$20/person before February 26 and \$25/person after the deadline. This is a family event! Anyone attending must register, including all youth, parents, and adults. **Registration is limited to 400 participants.** Filled on a first come, first serve basis.

Registration

- ① \$20/person by February 26
- ② \$25/person after February 26
- ③ Late registrants will not receive a t-shirt.
- ④ All attendees must register, including youth, parents, & adults.
- ⑤ No refunds
- ⑥ Attendance is limited to the first 400 participants to register.

Questions?
Lexie Hayes
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Register Online
<https://commerce.cashnet.com/KSUASIND>
By **February 26**

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agricultural Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Junior Swine Producer Day

Join us on Saturday, March 1, 2025 for the biennial K-State Junior Swine Producer Day at the Stanley Stout Center in Manhattan. This educational event will be a fun-filled day in which youth, parents, agents, ag teachers, and swine project leaders can increase their knowledge of youth swine projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Show Pig Guide, t-shirt, and complimentary lunch. Only those who register by February 5 will receive a t-shirt. The registration fee is \$20/person for those who sign up by the registration deadline, or \$25/person after that date. **Registration is limited to 400 attendees** on a first come, first served basis. This is a family event! Anyone attending must register, including all youth and adults.

March 1

Tentative Schedule

8:00AM Registration Opens
9:00AM Welcome
9:15AM Project Selection
10:00AM Breakout Sessions
-Nutrition, Meats, Facilities & Equipment, Breeds & Ear Notching
Lunch
12:00PM Health
12:45PM Breakout Sessions
-Showmanship, Daily Care & Clipping, Show Day Prep, Resources
3:00PM Wrap-up
3:30PM YQCA Training (optional)

Location
Stanley Stout Center

Registration

- ① \$20/person by February 5
- ② \$25/person after February 5
- ③ Late registrants will not receive a t-shirt.
- ④ All attendees must register, including youth, parents, and adults.
- ⑤ No refunds.
- ⑥ Attendance is limited to the first 400 participants to register.

Questions?
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Register By February 5
"Limited Attendance"

Register Online
<https://commerce.cashnet.com/KSUASIND>

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agricultural Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers in writing, prior to the event.

Junior Producer Days

The K-State Junior Producer Days Series is a set of workshops for Kansas youth focused on the four main livestock species. Two workshops are hosted every year for two different species. This year a Swine and a Goat Producer Day will be held in Manhattan. Swine Producer Day is on Saturday March 1st and Goat Producer Day is on March 22nd. Flyers for both events are attached on this page and have also been emailed out. You can also find the flyers on "Kansas State Youth Livestock Program" Facebook page. If you currently participate or would like to participate in either species, I would highly encourage you to attend. Each Producer Day has both large informational sessions and small hands on sessions.

No matter if you are a beginner or have done livestock for several years, this is a great state level learning opportunity for 4-Her's. Also if you plan to show at either the State Fair or KJLS you are an in-person certification class will be offered at both events.

Personally I have both attended and helped to host these events. They are phenomenal learning opportunities and become a highlight for many 4-Her's. So if you are on the fence about attending or have questions about the Producer Days, please don't hesitate to reach out to the Extension Office. If several families are attending there may even be the potential of carpooling if the need arises.

Agent Notes



New Year, New You!

Usually at New Year's it's tradition to make resolutions on things you want to change over the next year. Well I know it's not January, but the same thing can apply to our new 4-H year. Even in 4-H you can make a resolution to change going into the new year. A lot of people say they are going to eat healthy or work out, and while you can't necessarily "work out" in 4-H, there is other things you can do.

A big thing that can be helpful to change is habits. All too often people get busy and 4-H gets put onto the back burner. Then right before a 4-H event people are frantically trying to get ready or complete a project. This is the time to change that. Now is the time to make new habits that will make your 4-H life easier.

One habit that I would recommend working on is Project Report Forms. To make your life easier at the end of the year, bring those forms out now! It would be great to fill out your goals for the year actually at the start of the year. Then every few months as you accomplish a few tasks, bring out the forms and update them. Doing this will make end of the year reporting a breeze.

Another idea could be to start identifying 4-H Fair projects now. If you have an idea of what projects you would like to enter, you can start working on them now. Winter break is a great time to knock out a project or two. Then as spring time gets busy, you have a few less things to worry about.

Overall, just like January New Years, now is a great time to turn the "I wants" into the "I am". Its a change from "I want to work on my projects sooner" to "I am going to work on my projects sooner".

Side Notes

My article above may seem easier said than done. Like most things it is, but it still is a great goal to strive for. I can remember the craziness before the fair or 4-H Club Days or any other event and scrambling to get things done. Or at the end of the year writing KAP paragraphs for each project. Not saying that we can totally eliminate the chaos that happens, but we can sure minimize it. This is something that I wish I had done a better job of during my time in 4-H. So my hope is that people can learn from my frustrations and take a step towards eliminating your own frustrations.

Happy Holidays!

IT'S HARD TO BELIEVE IT'S ALREADY DECEMBER!



Club News

A place to highlight clubs and share ideas



Reporter's Corner

Club News from
Sumner County



Happy Hustlers

The 3rd Annual Happy Hustlers Parent/Member Banquet was a huge success. We had the largest crowd yet with 100 members and guests attending. During this banquet we enjoyed a dinner which included boneless pork loin, baked potatoes, green beans, salad and multiple deserts furnished by club members. Following the dinner we recognized outgoing officers and installed incoming officers using a fun retro candy theme. The new officers include President Kelly Theurer, Vice President Emma Wiest, Secretary Logan Kuchar, Treasurer Michelle Tevington, Reporter Loren Kuchar, Council Representatives Blayr Nance and Craig Bradbury, Recreation leaders Courtlynn Cullens, Kait Tevington, Craig Bradbury, Landon Kuchar, and Kellyann Nance. We also recognized member attendance, and the 2024 Outstanding Club Member Craig Bradbury. Our final award was recognizing the South Haven Booster Club as Honorary Happy Hustler. The Happy Hustlers were also the recipient of a donation from the Bill House Foundation. The meeting was adjourned by everyone reciting the 4-H Motto. In December the members look forward to preparing Blessing food boxes for local families.

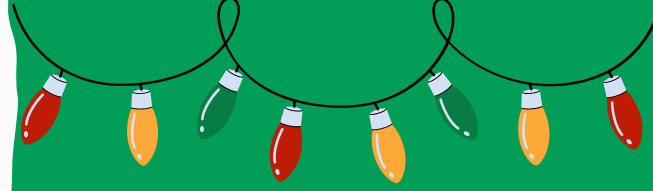


Cardinals

Buccaneers

Trailblazers

Redwing



4-H Council Meeting

FEBRUARY 24TH
@ 7:00 PM



Meeting Tips

SILENCE IS OKAY

HAVE YOU EVER BEEN IN A CLUB MEETING AND A POINT WAS BROUGHT UP FOR DISCUSSION AND NO ONE TALKED? THE SILENCE CAN BE DEFENING DURING THESE TIMES. BUT THAT IS OKAY!

YES WE WANT AND NEED DISCUSSION, BUT DON'T BE AFRAID OF A LITTLE AWKWARD SILENCE. SOME PEOPLE JUST NEED TIME TO COMPILE THEIR THOUGHTS BEFORE SPEAKING. BUT IF NO ONE SPEAKS, DON'T BE AFRAID TO ASK SOMEONE THEIR THOUGHTS OR TO OFFER YOUR OWN FOR DISCUSSION.

LIKE MOST THINGS, SILENCE CAN BE A TOOL RATHER THAN YOUR ENEMY. SO THE NEXT TIME YOU HAVE AN AWKWARD SILENCE, MAYBE ASK A PERSON WHO DOESN'T SPEAK UP MUCH FOR THEIR INPUT. USE THE SILENCE AS A TOOL TO MAKE SURE THEIR VOICE IS HEARD.

Looking Ahead

December

- 2nd-10th; Greenery Delivery
- 10th; Shooting Sports Meeting @ 6:00pm @ RFC
- 18th; Shooting Sports Meeting @ 6:00pm @ RFC
- 24th; Office Closes at 12:00pm for Christmas Eve
- 25th; Office Closed for Christmas
- 31st; Office Closes at 12:00pm

January

- 1st; Office Closed for New Years
- 4th; 4-H Day with K-State Women's Basketball @ 4:00pm in Manhattan
- 15th; Shooting Sports Meeting @ 6:00pm @ RFC
- 17th; Regional Record Book Judging
- 20th; Office Closed for MLK Day
- 22nd; Shooting Sports Meeting @ 6:00pm @ RFC



4-H
GROWS HERE



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Sumner County Office

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